St. Faustina Kowalska

Feastday: October 5
1905 - 1938

Saint Faustina was born Helena Kowalska in a small village Lodz, Poland on August 25, 1905. She was the third of ten children. When she was almost twenty, she entered the Congregation of Sisters of Our Lady of Mercy, whose members devote themselves to the care and education of troubled young women. The following year she received her religious habit and was given the name Sister Faustina, to which she added, "of the Most Blessed Sacrament" as permitted by her congregation's custom. In the 1930's, Sister Faustina received from the Lord a message of mercy that she was told to share throughout the world. She was asked to become the apostle secretary of God's mercy, a model of how to be merciful to others and an instrument for reemphasizing God's plan of mercy for the world. This was not a glamorous prospect.

Her entire life, in imitation of Christ's, was to be a sacrifice - a life lived for others. At the Divine Lord's command, she willingly offered her personal sufferings in union with Him to atone for the sins of others; in her daily life to become a doer of mercy, bringing joy and peace to others, and by writing about God's mercy, she was to encourage others to trust in Him and thus prepare the world for His coming again. Her special devotion to the Immaculate and to the sacraments of Eucharist and Reconciliation gave her the strength to bear all her sufferings as an offering to God on behalf of the Church and those in special need, especially great sinners and the dying. She wrote and suffered in secret, with only her spiritual director and some of her superiors aware that a special was taking place in her life. After her death from tuberculosis in 1938, even her closest associates were amazed as they began to discover what great sufferings and deep mystical experiences had been given to hers, who had always been so cheerful and humble. She had taken deeply into her heart, God's gospel command to "be merciful even as your heavenly Father is merciful" as well as her confessor's directive that she should act in such a way that everyone who came in contact with her would go away joyful. The message that Sister Faustina received is now being spread throughout the world; her diary, Divine Mercy in my Soul become the handbook for devotion to the Divine Mercy.

from Wikipedia

Maria Faustina Kowalska, commonly known as Saint Faustina, born Helenka Kowalska (August 25, 1905 Lodz, Poland then in the Russian Empire – Died October 5, 1938, Kraków, Poland) was a Polish nun, visionary. She is venerated in the Roman Catholic Church as a saint, and is known as the Apostle of Divine Mercy. Throughout her life, she reported a number of visions of Jesus and conversations with him, which she wrote down in her diary, later published as the book Diary: Divine Mercy in My Soul. Her Vatican biography quotes these conversations regarding the Divine Mercy devotion.
At age 20 she joined a convent in Warsaw and was later transferred to Plock, and then to Vilnius, where her confessor Michael Sopocko who supported her devotion to Divine Mercy. Faustina and Sopocko dire artist to paint the first Divine Mercy image, based on Faustina's reported vision of Jesus. Sopocko used t to celebrate the first Mass on the first Sunday after Easter - which later became known as Divine Mercy.

In her diary Faustina predicted that her work would be suppressed for some time, then accepted again. 1 decades after her death the Divine Mercy devotion was banned by the Vatican, but was approved again i she was declared the first saint of the 21st century in April 2000. The Divine Mercy devotion is now 1 by over 100 million Catholics.

Early life

Childhood and early years
She was born as Helenka Kowalska, in Głogowiec, Łęczyca County, just west of Lodz in Poland. She third of ten children of Stanislaus and Marianna Kowalska. Stanislaus was a carpenter and a peasant, an family was poor and religious.

She stated that she first felt a calling to religious service while attending the Exposition of the Blessed Sa age seven. She wanted to enter the convent after finishing school, but her parents would not give her permission. When she was sixteen years old, she went to work as a housekeeper in Lodz to support her parents. After a year of working, she twice asked her parents to let her enter a convent, but her r were met with a firm refusal.

Joining the convent in Warsaw
In the summer of 1924, at age 19, Faustina and her sister Natalia went to a dance in a park in Lodz. Faus that while at the dance she had a vision of a suffering Jesus, and rushed away to the church, where she w Jesus to leave for Warsaw immediately and join a convent. She packed a small bag that night and train for Warsaw (130 miles away) the next morning, without the permission of her parents, and without anyone in Warsaw.
Plaque on the window of
Faustina's convent room in
Kraków-Łagiewniki
After she arrived in Warsaw, she entered the first church she saw, (St. James' church on Grojeka street) and attended Mass. She asked the priest Father Dabrowski for suggestions and he recommended staying with Lipszycowa, a local lady whom he considered trustworthy, until she found a convent.[11][7]

Faustina approached several convents in Warsaw, but was turned down time after time, in one case she was told "we do not accept maids here", referring to her being penniless and without much education.[11] After several months of searching, eventually the Mother Superior at the convent of the Sisters of Our Lady of Mercy decided to take a chance and conditionally accepted her, provided she could pay for her habit.[7][11]

Faustina knew nothing about the convent she was joining, except that she was led there.[12] But she knew she had joined the convent as a "lay sister" and that due to her lack of education it was not likely she would reach higher levels within the order and that her duties would forever consist of cooking, cleaning and gardening.

During 1925, Faustina worked as a house maid for one year to save up money, making deposits at the convent through the year and was then accepted at the convent. On April 30 1926, at age 20, she received her habit and took the name "Maria Faustina" of the Blessed Sacrament.[5][7][8] The name Faustina means the "fortuna blessed one" and may have been a feminine form of the name of the Christian martyr Faustinus.[12] In April 1926 she took her first vows as a nun, and her parents attended the ceremony.[5] She was to be a nun for just over a decade, dying in October 1938.

From February to April 1929 she was sent to the convent in Vilnius, Lithuania as a cook.[5] Although this short stay in Vilnius, she would return there later and meet Father Sopocko who supported her mission. After her first return from Vilnius, in May 1930 she was transferred to the convent in Plock, Poland for the next several years.[5]

Life as a nun

Plock and the Divine Mercy image
See also: Divine Mercy image and Divine Mercy Sunday
The Divine Mercy image painted by Adolf Hyla. The Polish inscription at the bottom means "Jesus I trust in you"

Faustina arrived in Plock in May 1930. In the autumn of that year the first signs of her illness (which was thought to be tuberculosis) appeared and she was sent to rest for several months in a nearby farm owned by a religious order. After recovery she returned to the convent and by February 1931, had been in the Plock area about nine months. [5]

Faustina wrote that on the night of Sunday February 22, 1931, while she was in her cell in Plock, Jesus appeared to her as the "King of Divine Mercy" wearing a white garment, with rays of white and red light emanating from his heart. [13][14][12] In her diary (Notebook I, items 47 and 48) she wrote that Jesus told her:

"Paint an image according to the pattern you see, with the signature: "Jesus, I trust in You". I desire that it be venerated, first in your chapel, and then throughout the world. I promise that the soul that will venerate the image will not perish." [15][13][15]

Not knowing how to paint, Faustina approached some other nuns at the convent in Plock for help, but they assisted her. [16][17] Three years later, after her assignment to Vilnius, the first artistic rendering of the image was performed under her direction.

In the same February 22, 1931 message about the Divine Mercy image, Faustina also wrote in her diary (Notebook I, item 49) that Jesus told her that he wanted the Divine Mercy image to be "solemnly blessed on the first Sunday after Easter; that Sunday is to be the Feast of Mercy." [15][18]

In November 1932 Faustina returned to Warsaw to prepare to take her final vows as a nun. [5] On the first Sunday of May 1933 she took her final vows in Lagiewniki and became a perpetual sister of Our Lady of Mercy. [5][19]
Vilnius: meeting Father Sopocko
See also: Chaplet of Divine Mercy

In late May 1933 Faustina was transferred to Vilnius as the gardener - her job also included growing veg. She remained in Vilnius for about 3 years, until March 1936. The convent in Vilnius had only 18 sisters and consisted of a few scattered small houses, rather than a large building.\[19\]

A small convent house where Faustina lived in Vilnius
Shortly after arriving in Vilnius, Faustina met Father Michael Sopocko, the newly appointed confessor to Sopocko was also a professor of pastoral theology at Stefan Batory University (now called Vilnius Univer...

When Faustina went to Sopocko for her first confession, she told him that she had been conversing with had a plan for her.\[19\] After some time, in fall 1933 Father Sopocko insisted on a complete psychiatric ev Faustina by Dr. Helena Maciejewska, a psychiatrist and a physician associated with the convent. Faustin the required tests and was declared of sound mind.\[19\][20][21]

Thereafter, Sopocko began to have confidence in Faustina and supported her efforts. Sopocko also advis Faustina to begin writing a diary and to record the conversations and messages from Jesus which she wa reporting.\[19\] Faustina told Sopocko about the Divine Mercy image and in January 1934 Sopocko introdu the artist Eugene Kazimierowski, who was also a professor at the university.\[16][13][19]

By June 1934, Kazimierowski had finished painting the image based on the direction of Faustina and Fat Sopocko.\[22\] That was the only Divine Mercy painting Faustina saw.\[13\] After Faustina's death, a number artists painted the image, with the depiction by Adolf Hyla being among the most reproduced.\[23\]

While she was in Vilnius, Faustina predicted that her message of Divine Mercy would be suppressed for : and appear to be "utterly undone" but that it would be accepted again.\[2][24\]

On February 8, 1935, she wri...
Novice Divine Mercy nuns in Vilnius, in front of the church of Gate of Dawn where the first Divine Mercy Sunday Mass was held in April 1935.

There will come a time when this work, which God is demanding so very much, will be as though utterly A

And then God will act with great power, which will give evidence of its authenticity. It will be a new splen

the Church, although it has been dormant in it from long ago.

Over twenty years later, in 1959, her messages were suppressed by the Vatican, but were accepted again : [2]

Faustina wrote in her diary (Notebook I item 414) that on Good Friday April 19, 1935 Jesus told her that the Divine Mercy image publicly honored.[5] On Friday April 26, 1935 Father Sopocko delivered the first ever on the Divine Mercy - and Faustina attended the sermon.[22]

The first Mass during which the Divine Mercy image was displayed was on April 28, 1935, the second Su Easter and was attended by Faustina.[4] April 28 1935 was also the celebration of the end of the Jubilee o Redemption by Pope Pius XI.[4][25] However, Father Michael Sopocko (Faustina's confessor) managed to Archbishop Jalbrzykowski’s permission to place the Divine Mercy image within the Gate of Dawn church during the Mass that Sunday and celebrated the Mass himself.[4][22]

On September 13, 1935, while still in Vilnius, Faustina wrote of a vision about the Chaplet of Divine Merci diary (Notebook I item 476).[26][27] The chaplet is about a third of the length of the Rosary.[27] Faustina w the purpose for chaplet's prayers for mercy are threefold: to obtain mercy, to trust in Christ’s mercy, and mercy to others.[28][2]

In November 1935 Faustina wrote the rules for a new contemplative religious congregation devoted to D Mercy, and in December she visited a house in Vilnius which she said she had seen in a vision as the first for the congregation.[5]
In January 1936 Faustina went to see Archbishop Jalbrzykowski to discuss a new congregation for Divine Mercy. But he reminded her that she was perpetually vowed to her current order. In March 1936 Faustina told her superiors that she was thinking of leaving the order to start a new order specifically devoted to Divine Mercy. She was transferred to Walendow, southwest of Warsaw.

Krakow: the final years
In the summer of 1936 Father Sopocko wrote the first brochure on the Divine Mercy devotion and Archbishop Jalbrzykowski provided his imprimatur for it. The brochure carried the Divine Mercy image on the cover and sent copies of the brochure to Faustina in Warsaw.

Faustina’s chapel at her resting place, the Basilica of Divine Mercy in Krakow, Łagiewniki.

Later in 1936, Faustina became ill, since speculated to be tuberculosis. She was moved to the sanatorium in Pradnik, Kraków. She continued to spend much time in prayer, reciting the chaplet and praying for the conversion of sinners. The last two years of her life were spent praying and keeping her diary.

On March 23, 1937, Faustina wrote in her diary (Notebook III, item 1044) that she had a vision that the celebration of Divine Mercy would be celebrated in her local chapel, and would be attended by large crowds, and that the celebration would be held in Rome attended by the Pope.

In July 1937 the first holy cards with the Divine Mercy image were printed and in August Father Sopocko Faustina to write the instructions for the Novena of Divine Mercy which she had reported as a message from Good Friday 1937.

Throughout 1937 progress was made in promoting the messages of Divine Mercy and in November 1937 pamphlet was published with the title Christ, King of Mercy. The pamphlet included the chaplet, novena litany of Divine Mercy and the Divine Mercy image appeared on the cover, with the signature, "Jesus I Trust in You". On November 10, 1937 Mother Irene, Faustina’s superior, showed her the booklets while Faustina was in her bed.

As her health deteriorated at the end of 1937, her reported visions intensified, and she was said to be looking forward to an end to her life. In April 1938 Faustina's illness had progressed and she was sent to rest in a sanatorium in Pradnick, for what was to be her final stay there. By June 1938, Faustina was so ill that she no longer write.
In September 1938 Father Sopocko visited her at sanatorium and found her very ill, but in ecstasy as she praying.[22] Later in September 1938 she was taken back home to Krakow, to await her death there.[22] Father Sopocko visited her at the convent for a last time on September 26, 1938.[22]

On October 5, 1938 Faustina made her final confession and died in Krakow, 13 years after entering the convent.

She was buried on October 7th and now rests at the Basilica of Divine Mercy in Krakow, Poland.

Devotion to Divine Mercy

Main article: Divine Mercy

Growth and suppression

The Basilica of Divine Mercy, Krakow, Łagiewniki

Before her death Faustina predicted that "there will be a war, a terrible, terrible war" and asked the nuns for Poland.[31] In 1939, a year after Faustina's death when Archbishop Jabłczyński noticed that her predictions about the war had taken place, he allowed public access to the Divine Mercy image which resulted in large crowds that led to the spread of the Divine Mercy devotion.[31] The Divine Mercy devotion became a source of inspiration for many people in Poland.[7] By 1941 the devotion had reached the United States and millions of Divine Mercy prayer cards were printed and distributed worldwide.[7]

In 1942 Jabłczyński was arrested by the Nazis, but Father Sopocko and other professors went into hiding in Vilnius for about two years. During that period Sopocko used his time to establish a new religious congregation based on the Divine Mercy messages reported by Faustina.[32] After the War, Sopocko wrote the constitutions of the congregation and helped the formation of what is now the Congregation of the Sisters of the Divine Mercy. By 1951, thirteen years after Faustina's death there were 150 Divine Mercy centers in Poland.[31]

After the death of St. Faustina, the nuns at her convent sent her writings to the Vatican. Prior to 1966, all visions of Jesus and Mary required approval from the Holy See before they could be released to the public. A failed attempt to persuade Pope Pius XII to sign a condemnation, Cardinal Alfredo Ottaviani at the Holy See included her works on a list he submitted to the newly elected Pope John XXIII in 1959.[34] The Pope signed
decree that placed her work on the Index of Forbidden Books and they remained on the Index until it was abolished on 14 June 1966 by Pope Paul VI. In 1959, as the Vatican forbade the Divine Mercy devotion, it severely reprimanded Sopocko, and all his work was suppressed. However, Eugeniusz Baziak, the archbishop of Kraków, permitted the nuns to leave the original picture hanging in their chapel so that those who wished to pray before it could do so.[35][2][31]

An article in the National Catholic Reporter suggested that the ban stemmed from theological issues, for that "Jesus had promised a complete remission of sin for certain devotional acts that only the sacrament and what Vatican evaluators felt to be an excessive focus on Faustina herself ran contrary to the views at Office". [36][37]

In 1965 Karol Wojtyla, then Archbishop of Krakow and later Pope John Paul II opened a new investigation, interviewed witnesses and in 1967 submitted a number of documents about Faustina to the Vatican, requiring the start of the process of her beatification. The case was accepted for review in 1968.[31]

Acceptance and sainthood
See also: Divine Mercy Sunday

In 1977, over a year before he was elected as John Paul II, Archbishop Wojtyla asked the Vatican to revive the ban on the Divine Mercy devotion, and the ban ended in 1978.[31] In April 1978, the Prefect of the Sacred Congregation for the Doctrine of the Faith declared that the Notification ban was no longer binding, and that misunderstandings were created by a faulty Italian translation of Kowalska's Diary. Afterward, the questionable material could not be correlated with the original because of difficulties in communication throughout World War II and the subsequent Communist era.

The formal beatification of Faustina involved the case of Maureen Digan of Massachusetts.[38] In March 2005, reported a healing, while praying at the tomb of Faustina. [2] Digan had suffered from Lymphedema (a disease which causes significant swelling due to fluid retention) for decades, and had undergone 10 operations, i
leg amputation.[39] Digan reported that while praying at Faustina's tomb, she heard a voice saying "ask f
and I will help you" and her constant pain stopped. After 2 days Digan reported that her shoe became to
to her because her body stopped undue liquid retention.[39] Upon her return to the United States, five Bostc
physicians stated that she was healed (with no explanation), and the case was declared miraculous by th
in 1992 based on the additional testimony of over twenty witnesses about her prior condition.[39][2]

Faustina was beatified on April 18, 1993 and canonized on April 30, 2000 - the first saint in the 21st cent
Division Mercy Sunday is celebrated the Second Sunday of Easter (which is the first Sunday after Easter). 't
that her Vatican biography directly quotes some of her conversations with Jesus distinguishes her amo
reported visions of Jesus and Mary. Author Benedict Groeschel considers a modest estimate of the follov
Divine Mercy devotion in 2010 to be over one hundred million Catholics.[6]

See also

Visions of Jesus and Mary
Calendar of saints

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Further reading

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from Wikipedia
SAINTS FUN FACTS by mario d. macari

SAINT FAUSTINA OF LODZ, POLAND, RECEIVED FROM OUR LORD IN THE 1930'S A MESSAGE OF DIVINE MERCY THAT SHE WAS TOLD TO SPREAD THROUGHOUT THE WORLD.

"PAINT AN IMAGE ACCORDING TO THE PATTERN YOU SEE, WITH THE SIGNATURE; JESUS I TRUST IN YOU" (DIARY 47)

"I PROMISE THAT THE SOUL THAT WILL VENERATE THIS IMAGE WILL NOT PERISH. I ALSO PROMISE VICTORY OVER ITS ENEMIES ALREADY HERE ON EARTH, ESPECIALLY AT THE HOUR OF DEATH. I MYSELF WILL DEFEND IT AS MY OWN GLORY." (DIARY 48)

IN THE DIVINE MERCY DEVOTION, GOD’S LOVE IS UNLIMITED AND AVAILABLE TO EVERYONE! ESPECIALLY THE GREATEST SINNERS!

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